

Connect Parent Group

An Attachment Based Program to Support
Parents and Caregivers



What is Connect?

Connect is a FREE 10-week program to support parents/caregivers of pre-teens and teens. Parents meet in groups of 10-16 with three trained group leaders for 2 hours each week.

To find out more about the program and to register please contact:

Jenny Sawatzky
Child and Youth Mental Health Clinician
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604-362-4811 (cell)
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Jan McAlpine
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Cristal Biela
Child and Youth Mental Health Clinician
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Tuesdays 5:30-7pm

October 8 to December 10, 2019

**2nd floor boardroom, MCFD Chilliwack
8978 School Street**

**Limited Spots Available. Call Soon to Register
and Book Intake Appointments.**

We understand that each child and each parent is different, and change is part of development. Rather than teach only one way of parenting, we help parents see choices that support healthy relationships while setting limits and helping their teen to move forward.

CURRENT GROUP WILL TARGET FAMILIES WITH TEENS AGES 13-17.